

## ALTRINCHAM & DISTRICT RAMBLING CLUB

<http://www.altrincham-ramblers.org.uk>

### JANUARY CIRCULAR 2026

**ADRC Leaders and Members should note the following matters:**

#### Current Walk Category Descriptions:

- 1. Challenging.** Numerous steep gradients and/or rough, difficult terrain.
- 2. Strenuous.** Some steep gradients and/or fairly rough terrain.
- 3. Moderate.** Moderate gradients and/or uneven terrain.
- 4. Easy.** May include some easy gradients, uneven paths, steps and stiles.

**Where combinations** of the above are used this indicates that there will be some of each category during the walk and that, for example, if a walk is categorised as a 3/2, this indicates that the larger percentage of the walk will be category 3. If the walk is categorised as 2/3 then the larger percentage of the walk will be category 2.

**Insurance.** The ADRC Hazard Appraisal Form, and the completion of it by the club leaders for their organised walks is not a requirement of the club insurers. However, in line with best practice, the club recommends that this procedure/process is undertaken.

**Club Records.** In line with Club policy/procedure would all leaders, on completion of their organised walk please compile a list of participants and forward this to Phil Worsley.

**Walking Conditions.** Walkers are responsible for any personal injury and/or loss during a Club walk. Other stipulations, such as with regard to guests, dogs on walks etc., are contained within the Club's "Guidelines for Members Taking Part in Club Walks" (Issue 5, November 2021) document, which can be found in the "Members Area/Documentation" section of the Club website.

**All of the above are subject to change. Please continue to check the Club website and your e-mail inbox/spam for the current information and advice.**

---

*Happy New Year to all Members and Prospective New Members*

---

#### Charity Organisations - ADRC Policy

The Club politely reminds all members that ADRC does not support specific charity organisations other than the various Mountain Rescue teams as agreed each year by those in attendance at the AGM. Requests for support/donations/sponsorship, received via the club website or by communication from our own club members are, and will continue to be, politely declined. In addition, the practice of any club member canvassing other members for monetary support for a specific charity is again not supported. Thank you.

---

#### THURSDAY 1 JANUARY, Dunham Massey on New Year's Day, 6.5 Miles, Cat' 4, Transport 1 Miles (25p)

- Time** Walk Start Time 10:30
- Leader(s)** Beverly Harrison & Jenny Rydell. Tel: 0161 928 1093 Mob: 07789 191055
- Meet At** Meet outside the Garden of Remembrance. opposite St. Margaret's Church on Dunham Road (A56). GR SJ760878. Park in adjacent roads.
- Details** An easy walk on mainly good tracks. Through John Leigh Park to Navigation Road. Along the canal to Seamons Bridge. Down Oldfield Road to Dunham for lunch. Returning via the golf course. There is one stile in and out of Dunham Park. We should be at the cafe by 12.30 for lunch if you want to meet us there but bring your lunch. Bookings: [beverly\\_harrison@hotmail.com](mailto:beverly_harrison@hotmail.com)

#### SUNDAY 4 JANUARY. No Harder Club Walk Today.

#### SUNDAY 4 JANUARY, Marton, 6 Miles, Cat' 4, Transport 16 Miles (£4)

- Time** Walk Start Time 10:30
- Leader(s)** Heather Wykes. Tel: 01625 618782 Mob: 07543 657837
- Meet At** Behind cafe at Marton SK11 9HF on the A34 from Monks Heath to Congleton Road.
- Details** A figure of 8 walk. Fields, paths and quiet road walking. Only a couple of stiles. Bookings: [nannywykes@gmail.com](mailto:nannywykes@gmail.com)

**WEDNESDAY 7 JANUARY, Shutlingsloe, 9.5 Miles, Cat' 3, Transport 18 Miles (£4.50)**

**Time** Walk Start Time 09:45  
**Leader(s)** John Capel. Tel: 07866 764187  
**Meet At** Tegg's Nose Reservoir Car Park, Langley. GR; SJ 945718, What3Words; vans.removal.older. From Macclesfield to Langley, then at the end of the village a tricky left onto Holehouse Lane and left across the dam to the CP  
**Details** Head along the Gritstone to Hanging Gate, then Oakenclough Hall & up Piggford Moor to Shutlingsloe (506m) summit. Descend into Macclesfield Forest, before reaching Forest Chapel, & back across a lovely forest path to the Western edge of the forest, then Ridgeway Reservoir & back to CP. Overall, c1,650 ft of ascent, brilliant views should compensate nicely. Bookings: [john@capels.net](mailto:john@capels.net), or by mobile

**WEDNESDAY 7 JANUARY, Marple, 6.5 Miles, Cat' 3, Transport 17 Miles (£4.25)**

**Time** Walk Start Time 10:30  
**Leader(s)** Brenda Bailey. Tel: 07549 630227  
**Meet At** Trinity Street car park P&D (think its 40 or 50p) Nearest postcode SK6 7AR. M60 to Stockport. Leave at junction 27. Take A626 to Marple. At Marple turn right into car park which is signed and opposite Costa Coffee.  
**Details** We leave car park and go to the canal. Walk along the canal, cross bridge and go to the road. Cross the road and go towards the railway bridge, cross and then down some steps. At the bottom of steps we go past the Roman Lakes and then a gradual climb up to the Banks. We then cross the golf course, go past Linnet Clough Scout Camp and walk down towards the path that leads to Marple Bridge. Go through Marple Bridge and cross to Brabyns Park. We then walk up from the park to the canal, along the canal and back to the cars. Bookings: [bmarybailey1946@gmail.com](mailto:bmarybailey1946@gmail.com)

**SUNDAY 11 JANUARY, The Goyt & Foxlow Edge, 9 Miles, Cat' 3/2, Transport 22 Miles (£5.50)**

**Time** Walk Start Time 09:45  
**Leader(s)** Phil Worsley. Tel: 07971 514369  
**Meet At** The free public car park at the bottom of "The Street" adjacent to Errwood Reservoir. GR SK013757. what3words: dries.sends.vertical No toilets.  
**Details** A walk of contrasts, with the outward leg being at a lower level in the valley, and the return leg being at a higher level. The route has a mix of good tracks, footpaths and quiet lane walking, and has some excellent views, weather permitting. There is approx' 1,600 feet of ascent across the 9 miles, but with plenty of time being taken on the climbs. The walk will travel via Fernilee Reservoir, Overton Hall Farm, Windgather Rocks, Foxlow Edge, Shooter's Clough and Errwood Reservoir. Bookings: [philworsley25@gmail.com](mailto:philworsley25@gmail.com)

**SUNDAY 11 JANUARY, High Legh, 6.5 Miles, Cat' 4, Transport 8 Miles (£2)**

**Time** Walk Start Time 10:30  
**Leader(s)** Les & Chris Stockton. Tel: 07815 293161  
**Meet At** The large lay-by opposite the Bears Paw on Warrington Road High Legh. Post code WA16 0RT  
**Details** An easy flat walk towards Arley and back. We will be walking through fields and along tracks with some road walking along very quiet country lanes with some lovely views of the Cheshire countryside. Bookings: [les200@sky.com](mailto:les200@sky.com)

**WEDNESDAY 14 JANUARY, Beeston Castle, 10 Miles, Cat' 3, Transport 29 Miles (£7.25)**

**Time** Walk Start Time 10:15  
**Leader(s)** David Bishop. Tel: 07796 426641  
**Meet At** Beeston Castle Car Park, Chapple Lane, Beeston CW6 9TX. SJ 540591. What3Words: stays.comment.dizziness. The car park does not open until 10am. It is £3.00 but free for English Heritage members. There is limited on road parking on the lane 500m prior to the car park.  
**Details** A relatively easy 'A' walk classified as 'moderate', in the sandstone hills of south Cheshire, mainly through woodland and open pasture. The route follows the Sandstone Trail south to ascend Bulkely Hill. There are then a minor road and footpaths to rejoin the Sandstone Trail and a lovely ridge to the high point of the walk Raw Head (227m). The return passes the Candle Factory at Higher Burwardsley (now closed) before following the Sandstone Trail once again, this time north. The walk is mainly along good tracks, minor roads and some footpaths which are likely to be muddy. It is undulating with a total ascent of only 460m. Bookings: [davidalexbishop2014@gmail.com](mailto:davidalexbishop2014@gmail.com)

**WEDNESDAY 14 JANUARY, Salford Quays, 5 Miles, Cat' 4, Transport 0 Miles (£0)**

**Time** Walk Start Time 10:30  
**Leader(s)** David & Liz White. Tel: 0161 980 8605 Mob: 07721422762  
**Meet At** Media City Metrolink Station  
**Details** Salford Docks closed 1982 & fell into disrepair. Development started 1984 & renamed Salford Quays. The area provides a "different," relaxing easy walk. We walk to the Blue Peter Gardens. Then around the Huron & Erie basins, pass the Lowry Theatre (toilets). By East Wharf, we pass Water Sports Centre (toilets) on to Ordsall Park. Lunch in Ordsall Hall orchard. Time to visit 750yr old hall. (Free/donations appreciated) More toilets! Return via Manchester Ship Canal. No stiles, no mud and no hills but plenty of water! (And no boots required). Bookings: [eldestbruv@gmail.com](mailto:eldestbruv@gmail.com)

**SUNDAY 18 JANUARY, Lyme Park & Bowstones, 8.5 Miles, Cat' 3/2, Transport 18 Miles (£4.50)**

**Time** Walk Start Time 10:30  
**Leader(s)** Brenda Bailey & David Bona. Tel: 07933 221332 or 07549 630227  
**Meet At** Nelson Pit Visitor Centre at Poynton. There are toilets and Parking Pay & Display for up to 10 hours. Nearest Postcode SK12 1TH. What3words: sues.happen.exams. OS MAP OL1. Take the A 523 to Macclesfield Road to Poynton. At Poynton turn into Anson Road (signed The Anson Engine Museum) and drive past the Household Waste Recycling Units on the left and at the Junction drive across to Lyme Road and then turn left into the Visitor Centre.  
**Details** A leisurely Walk starting along the Canal and then into Lyme Park. A first climb up to the Cage. Down to the Mansion and then a second climb up to the top of and along Lantern Wood. Then up to Bowstones and back down through the Park and onto and through HaseBank Wood then down to and along the Canal back to the Parked Cars. Mainly good Paths but there may be some muddy sections. 3 good Ladder Stiles & 3 Good Stiles. Bookings: [bmarybailey1946@gmail.com](mailto:bmarybailey1946@gmail.com) or Text or Telephone 07549 630227.

**SUNDAY 18 JANUARY, Over Peover, 6 Miles, Cat' 4, Transport 10 Miles (£2.50)**

**Time** Walk Start Time 10:30  
**Leader(s)** Andree Lambert. Tel: 07515 545236  
**Meet At** Park in one of the lay-bys (one either side of road), A50 just after Seven Sisters Lane before The Whipping Stocks.  
**Details** A gentle, flat walk through fields to Over Peover stopping at Peover Hall for lunch. Returning via Radbroke Hall. 1 or 2 stiles. Bookings: [andree.lambert@icloud.com](mailto:andree.lambert@icloud.com)

**WEDNESDAY 21 JANUARY, Shaw & Crompton Fold, 9 Miles, Cat' 3/2, Transport 28 Miles (£7)**

**Time** Walk Start Time 10:15  
**Leader(s)** Nigel Gartside. Tel: 0161 969 2407 Mob: 07553 540282  
**Meet At** Brushes Clough former quarry car park, free, no toilets GR SD951100. WTW: cools.rips.piles M62, J21, right at lights at bottom and on to A663 Shaw Road. After a mile or so turn left into Buckstone Road (B6197) and after 0.7 mile turn left into quarry access road being wary of speed humps and very low drainage gullies.  
**Details** Using the Oldham Way, Rochdale Way and Compton circuit past various reservoirs to traverse Compton Moor towards Grains Bar and field paths back to cars. Water, mud, rain, snow / ice, fog or wind almost guaranteed!! Two slippery stiles and one slippery bridge, stony / rocky tracks in part. Bookings: [nigel.gartside@uwclub.net](mailto:nigel.gartside@uwclub.net)

**WEDNESDAY 21 JANUARY, Delamere Forest, 6.5 Miles, Cat' 4/3, Transport 22 Miles (£5.50)**

**Time** Walk Start Time 10:30  
**Leader(s)** Judy Bailey. Tel: 0161 928 1156 Mob: 07401 519951  
**Meet At** Barns Bridge Car Park GR SJ542716 nearest postcode WA6 6PA. A556 through Sandiway, right B5152 Delamere, after approx 2ml left at Hatchmere onto Ashton Road. CP approx 0.5ml on left.  
**Details** A good winter's walk starting on the Sandstone Trail south before branching off to gently climb up to Pale Heights, where on a good day views across 7 counties maybe seen. From here we follow paths down to the Visitor Centre and on to the Baker Way to Blakemere Moss and the lakeside path. Forest paths will lead to rejoining the Sandstone Trail and back to the car park. There are ascents on this walk but all on good paths and no stiles. Bookings: [judith.bailey5@gmail.com](mailto:judith.bailey5@gmail.com)

**SUNDAY 25 JANUARY, Whaley Bridge, 9.5 Miles, Cat' 3/2, Transport 20 Miles (£5)**

**Time** Walk Start Time 09:45  
**Leader(s)** Mike Gregory. Tel: 01625 568482 Mob: 07967151905  
**Meet At** Canal Wharf free car park, Tom Brads Croft, Canal Street, Whaley Bridge. Postcode SK23 7LX. GR SK013816. Toilets nearby.  
**Details** A gradual climb east out of Whaley Bridge to the foot of Eccles Pike, followed by a steep ascent of 250ft to the summit at 1210ft. A gradual descent to Combs Reservoir then a gradual climb to Wythen Lache. The return to Whaley Bridge is via Fernilee, Shallcross Wood and New Horwich. Total ascent 1600ft. Bookings: [mikegregory814@btinternet.com](mailto:mikegregory814@btinternet.com)

**SUNDAY 25 JANUARY, Bowdon to Ashley, 6.5 Miles, Cat' 4, Transport 1 Miles (25p)**

**Time** Walk Start Time 10:30  
**Leader(s)** Jenny Rydell. Tel: 07789 191055  
**Meet At** Bowdon Co-op, Vicarage Lane, WA14 3BA  
**Details** An easy, pleasant, circular walk through fields and lanes to Ashley cricket club and back. It can be very muddy in places. One of the fields is low lying and can flood sometimes, if very wet weather, in which case we will walk in a different direction. Bookings: [jrydell@outlook.com](mailto:jrydell@outlook.com)

**SUNDAY 25 JANUARY, Sale Water Park, 2.5 - 3 Miles, Cat' 4, Transport 6 Miles (£1.50)**

**Time** Walk Start Time 11:00

**Leader(s)** Zoe Spark. Tel: 07765 027605

**Meet At** Sale Water Park car park. M33 2LX. Toilets available.

**Details** A gentle pleasant walk around the Water Park and river Mersey. May be muddy in places. A cafe at the end of the walk serving hot drinks. Bookings: [zoespark@hotmail.co.uk](mailto:zoespark@hotmail.co.uk) or phone.

**WEDNESDAY 28 JANUARY, Disley/New Mills, 9.5 Miles, Cat' 3/2, Transport 16 Miles (£4)**

**Time** Walk Start Time 10:00

**Leader(s)** Terry Clarke. Tel: 0161 980 4283 Mob: 07742 888349

**Meet At** Disley Station approach road. Grid Ref SJ 97319 84594. Postcode SK12 2AE. Note that it is no longer free to park on the station approach road. It costs £6 to park in the Rams Head car park.

**Details** From the station approach we cross the A6 and ascend Jacksons Edge Road to make our way to the canal via Widowhurst. We leave the canal and descend to Strines, then to the Roman Lakes via Whitecroft farm and Windybottom Farm. We make our way to Mellor Golf Club and cross New Mills Golf Club via The Banks and Shaw Farm. The route then descends to New Mills and over the Millenium Walkway to Hague Bridge and the canal. We recross the A6 to return to the start point. Bookings: [clarket66@outlook.com](mailto:clarket66@outlook.com)

**WEDNESDAY 28 JANUARY. No Easier Club Walk Today.**

**OTHER NEWS**

**Very Short Leisurely Walks.** Commencing this month (January 2026) Zoe Spark is starting a walking programme with very short walks, taken at a more leisurely pace of between 2 and four miles. They will be mainly local walks once a month on a Sunday or possibly a Wednesday. Contact Zoe for more information on 07765027605 or [zoespark@hotmail.co.uk](mailto:zoespark@hotmail.co.uk)

**Subscription Renewal.** The Club Subscription is now due and should be paid by 31st December. The subscription £12 per person, plus £20 if you have the circular posted to you. For those who receive a paper circular, a copy of the renewal form is enclosed. For those who download the circular, a copy is available in the "Members Area/Documentation" section of the Club website. For those who pay by Direct Debit, you need do nothing, but will shortly be advised of the amount and date of the transfer.

For those who pay by Standing Order, would you please ensure the amount is set at £12 per person before the payment date. For those paying by Direct Debit or Standing Order, there is no need to complete a Renewal Form unless there is a change to any of your contact details, i.e. address, phone number, mobile number or e-mail address.

**Website Password Change.** The password required to access the website Members Area **will change on 01/02/26**. Username (useradrc) remains unchanged. The new password will be printed on your new Membership Card, sent to you following subscription renewal. To avoid being denied access to the Members Area of the website please do not use the new password before February 1st.

**ADRC Monthly Circular.**

Please continue to use the On-line Walk Submission Form for all walk submissions.

<https://www.altrincham-ramblers.org.uk/members-area/walks/on-line-walk-submission-form/>

Please email all other contributions for the monthly circular to [colette.m.garner@gmail.com](mailto:colette.m.garner@gmail.com) Tel: 07742 107143

**Walks for inclusion in the February Circular must be submitted by 10 January.**

**Walk Leaders.** Please check 'The Forward Walks Programme' on the Club website <https://www.altrincham-ramblers.org.uk/forward-walks-programme-2/> and **consider offering to lead a walk on any date where no leader has been identified.** Walk contacts are as follows:

- Sunday Harder/Intermediate Walks, Phil Worsley. Email: [philworsley25@gmail.com](mailto:philworsley25@gmail.com) Tel: 07971 514369
- Sunday Easier Walks, Heather Wykes. Email: [nannywykes@gmail.com](mailto:nannywykes@gmail.com) Tel: 01625 618782
- Wednesday Harder/Intermediate Walks, Jill Weir. Email: [jillweir@hotmail.co.uk](mailto:jillweir@hotmail.co.uk) Tel: 07846 059748
- Wednesday Easier Walks, Jenny Rydell. Email: [jrydell@outlook.com](mailto:jrydell@outlook.com) Tel: 07789 191055