

ALTRINCHAM & DISTRICT RAMBLING CLUB
(http://www.altrinchamramblers.org.uk)

SEPTEMBER CIRCULAR 2013

1. All rambles meet at the far end of Altrincham Station car park at rear of station . When submitting a walk indicate the mileage from Altrincham Station to the start of the walk (one way only). The cost will be calculated automatically
2. Decision to cancel or change a ramble is taken at Altrincham.
3. Dogs (on a lead at all times) only taken with prior permission of the leader.
4. Addresses of organisers are in the Membership Card. Cheques to be made out to ALTRINCHAM RAMBLING CLUB.
5. Number of walkers and names of guests should be notified to the walks organiser.
6. The Club will not be responsible for any personal injury or loss or damage to personal property
7. It is the responsibility of any Club Member who introduces a guest to a walk to ensure that their guest has read the 'Guidelines for Members taking part in Walks'

SUNDAY 1ST SEPTEMBER - LLANARMON-YN LAL & LLANFERRES

Leave 0830 12 miles Cat.3/2 Transport £8.00

Leader Nigel Gartside 969 2407 Mob No: 07896 913175

Park Cars: Bwlch Pen Barras Forestry Commission Car Park £1

SJ 162 605 M56 to Chester then A494 exiting dual carriageway at J.33B. To Chester then continue A494 and 400 yards past Loggerheads C.P. Turn right marked Moel Famau. Up road to top and park either side of road.

Foel Fennli and Moel Eithinen to Llanarmon-yn Lal using Offa's Dyke and Clwydian Way then via Nant and the Bryn Alyn limestone gorge to Llanferres and back to cars. 3/2 equal, one steepish descent.

- RIVERS BOLLIN AND DEAN

Leave 0930 8 miles Cat.4 Transport £1.80

Leader Keith Leslie 976 3230

Park Cars: Daveylands, Wilmslow Grid Ref 857 810 Park 100 metres along road by stone walls away from gates. Take A538 to Wilmslow turn left at traffic lights in centre then right at next lights to station. Daveylands is on your left 0.4 mile past station.

A pleasant walk passing The Hollies to Woodford Aerodrome then over Woodford golf course, down to the Bollin and along the valley to our cars. (Fresh free-range eggs and duck eggs are usually on sale at one of the farms we pass through!)

WEDNESDAY 4TH SEPTEMBER - BURTON IN KENDAL

Leave 0900 9 miles Cat. 3/2 Transport £8.00

Leader: John Brownhill 980 1774

Park Cars: At car park between Burton in Kendal and Hutton Roof. Leave M6 at Jn35 then A601(M), to A6 North then A6071 to just short of Burton in Kendal where you turn Left towards Hutton Roof. The car park is 1.5 miles up this lane on the Left. GR SD553762 (SE Lakes Map)

From Car park to Hutton Roof Crags, across Uberash Plane then skirt Holmpark Fell to Farleton Knott. Return via Newbiggin Crags and Hutton Roof. A pleasant walk in limestone country with views of the Southern Lakes, Morecambe Bay and The Three Peaks.

- LYMM CIRCULAR

Leave 10.30 5 miles Cat.4 Transport £1.50

Leader Barry Rice 962 2377 and Giulio Poletti 962 7648

Park cars At Lymm Community Centre off A56 Crouchley Lane.

Lymm Dam circular to the 'Bongs' then to Oughtrington Lane and back to the cars. In the case of inclement weather the walk will be shortened

SUNDAY 8TH SEPTEMBER - WHITE EDGE CIRCULAR

Leave 0830 12 miles Cat.3 Transport

Leader Judith Rees 980 5034 Mob No: 07923130630

Park Cars: SK 239 747 At the junction of A623 and A625 (Calver)turn right and then immediately left into Sough lane. Park on the road after about 100m with the playing fields on the left.

Circular walk taking in Stoney Middleton, Froggat Edge and White Edge and Calver Sough

- DELAMERE FOREST

Leave 0915 8.8 miles Cat.3 Transport £5.40

Leader Nigel Gartside 969 2407 mob.no 07896913175

Park cars Barnsbridge Car Park SJ 542 715. From A556 right on to B5152 and after 4 miles left at minor cross roads signed Manley. Down this road for 1 mile and free car park is on left.

Using Sandstone Trail and Delamere Way we go up to Pale Heights and Primrose Hill then via Kelsall to Manley Common and back to cars.

- **LATHKILL DALE**

Leave 9.00 7.5 miles Cat.3 Transport £8.00
Leaders John and Monica Beardmore 904 7448 Mob No: 07985983252
Park Cars: Free car park 300m on Moor Lane Grid Ref. OS194 645. From Buxton take A515, after 10m pass B5055 and take next left at Parsley Hay and right onto Long Rake Lane. After 2.5m where lane swings right continue straight onto Back Lane, 0.5m at Y junct go right onto Moor Lane. Return to Cars: 3.30pm

Mostly fields and lanes with pleasant walk along river bank. From car park to Meadow Place Grange, cross river and ascend to Over Haddon, then descend to Conksbury Bridge, follow river to Cales Dale and ascend to fields and car park.

WEDNESDAY 11TH SEPTEMBER - COACH TRIP TO KINVER

The coach will leave from M&S Sale at 8.00 am with the usual picking up places

'A' walk - 9 ½ miles Cat.3 Leaders: Mike Jones and Janet Blinkhorn
From the Kinver Edge Rock Houses to White Hill Farm and into the Enville Hall Estate passing Home Farm. Then via Blundies to enter the Million plantation and onwards to the Staffordshire and Worcester canal which we follow back to Kinver. Nothing too strenuous with very few stiles.

'B' walk - 7 ½ miles Cat.3 Leader: Martin Ostick
Home farm, Compton Hall, Castle Hill, returning along Staffordshire Way along Kinver Edge.

'C' walk - 6 miles Cat.4/3 Leaders: Edna Adderley and Beryl Hunwick. Details on the coach.

Seats still available for the Kinver trip. Phone Janet on 941 1634

- **DANE VALLEY AND SHELL BROOK**

Leave 0915 8 miles Cat.3/2 Transport £4.40
Leaders Colin and Hazel Baldwin 980 5409 Mob No: 0773 327 0371
Park Cars: On road at Danebridge. GR 965652. Take A523 south from Macclesfield. At A54 (traffic lights) turn left. In 3 miles at crossroads, turn right (SP Wincle). Park on road in 1½ miles at bottom of hill, and just before the River Dane bridge.

Follow the River Dane to Barleighford Bridge, and then gently ascend the valley of the Shell Brook, past Nettlebeds Farm, Bennetts Farm. Around Hammerton Knowl, and follow Clough Brook and River Dane back to Danebridge. A fair number of stiles, several of which are awkward. Varied scenery with long views in the latter half of the walk.

SUNDAY 15TH SEPTEMBER - THE OLD MAN OF CONISTON AND WEATHERLAM

Leave 0730 11 miles Cat.2 Transport £8.00
Leader: Chris and Margaret Sadler 980 5007 Mob No: 07740 777184
Park Cars: Exit M6 at J36 and follow A590 to Greenod before turning on the A5084 and the A593 into Coniston. As you arrive in Coniston turn left into Station Road. Go uphill on this road which becomes steeper and narrower. This is now Walna Scar Road. Follow it for about 1 mile and go through a metal gate and park your car.

Today's walk is a classic Lake District Walk. We walk west on the Walna Scar Road before turning north and climbing to the cairn on Brown Pike. We follow the ridge to Buck Pike and Dow Crag and drop to Goat's Haws and then up to the summit of The Old Man of Coniston. We continue north to Brim Fell and Swirl How before turning east down the Prison Band and on to the summit of Wetherlam. We descend into Coppermines Valley and back to the cars. This is a repeat of the walk of September 2012 which had to be cut short due to the dangerous weather conditions.

- **LAMALOAD RESERVOIR**

Leave 0930 8 miles Cat.3/2 Transport £4.80
Leaders Ron Goodman 945 0198 and Frank Dockry 973 6617
Park cars Lamaload Car Park. GR SJ 976 753. From Macclesfield take the A537 Buxton road. After approximately 3.5 miles turn left on a minor road signposted Saltersford and the Goyt Valley. The car park is on the left 1.2 miles from the A537 where leaders will met.

From the car park to Chapel House farm, then to Chest Hollow and up to Shining Tor and back to Lamaload Res.

WEDNESDAY 18TH SEPTEMBER - SADDLEWORTH

Leave 0915 9.5 miles Cat.2/3 Transport £4.80
Leader Ian Stenhouse 926 8446 Mob No: 07713030118
Park Cars: Binn Green Car Park GR SE017044. On A635 about 1 mile beyond Greenfield. P&D (£1.30, free to RSPB members)

From Binn Green we go up to the Obelisk and Pots and Pans Stone then on to Broadstone Hill via Pobgreen. We then join the old Cotton Famine Road ('The Road to Nowhere') to the old Pennine Way, across the moors to Rimmon Cottage and on to Greenfield Reservoir and back along the reservoirs to the cars. This is a strenuous moorland walk that shows the real character of the moors of Saddleworth and involves some sections where paths are hard to discern.

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- **ACTON BRIDGE**

Leave 0945 6 miles Cat.4 Transport £3.60

Leaders David and Liz White Tel No: 980 8605 Mob No: 07716961974

Park Cars: The Leigh Arms, Warrington Rd., Little Leigh, Northwich. Take M56 towards Chester and leave at Junction 10. Take A49 towards Whitchurch. The pub is on the LHS just before the swing bridge. GR 602760

Trent & Mersey Canal-river Weaver-Dutton Locks-Acton Brook and Action Bridge. Lovely short walk with very few stiles. Could be wet underfoot in a couple of places after heavy rain!

SUNDAY 22ND SEPTEMBER - COACH TRIP TO BETWS Y COED

The coach will leave from M&S Sale at 8.00am with the usual picking up places.

'A' walk 10.5 miles Cat.2/3 Leader: Phil Worsley

Capel Curig to Betws-y-Coed via Moel Siabod. Full details will be provided on the coach

'B' walk 8 miles Cat.3 Leaders Martin and Sandra Ostick

Around Capel Garmin and visiting Mynydd, Garth Myn, to Capel Garmin and walking part of Capel Gannon triangle, visiting the Neolithic Burial Chamber. Return to Betws y via old coaching road above the Fairy Glen.

'C' walk 5 miles Cat.3 Leaders: Edna Adderley and Margaret Fowden

A slow, steady climb for approx. 1 ¼ hours to the lunch at Llyn Elsi. Rewarding views. Return to Betws by various track (some rough patches).

Please ring Edna 0161 980 7753 for available seats on the coach. NOTE: There will be no coffee stop.

SUNDAY 22ND SEPTEMBER - SHUTLINGSLOE AND HAMMERTON KNOWL

Leave 0830 12 miles Cat/2/3 Transport £3.60

Leaders Chris and Margaret Sadler 980 5007 Mob No: 07740 777184

Park Cars: Tegg's Nose Country Park P&D car park. White Peak Map OL24 Grid SJ950732.

We drop down Saddler's Way and then climb through Macclesfield Forest and on over Shutlingsloe. We continue south dropping to Wildboardclough before turning East to Hammerton Knowl and climbing to Cessbank Common. We turn north and pick up the Gritstone Trail and follow this back to the cars. Four significant climbs today; through Macclesfield Forest, over Shutlingsloe, up to Cessbank Common, and finally a hard pull back up to Tegg's Nose.

WEDNESDAY 25TH SEPTEMBER - MOEL FAMAU / CLWYDIAN RANGE

Leave 0900 9 miles Cat.3/2 Transport £8.00

Leader Jerry Warner 962 5709 Mob No: 07740996290

Park Cars: Loggerheads Country Park GR 198626. Take M56 merging into A494. Exit junction 33B. Car park between Mold and Ruthin on the A494. At Loggerheads village take right turn almost opposite the We Three Loggerheads Inn. Parking P&D £3.00 Return to Cars: 3.30

Starts with a gentle loosener up the wooden Alyn Valley passed Devil's Gorge to the village of Cilcain. We then drop down before starting a long steady climb up to summit of Moel Famau. The last section is quite steep. Great views from the top on a fine day. Bracing if not. The descent is through the Clwyd Forest.

- **WERNETH LOW**

Leave 0930 8 miles Cat.3 Transport £3.00

Leader Elaine Hall 962 5422 Mob No: 07790063485

Park Cars: Etherow Country Park GR966908. M60 junc. 25 through Romiley to Compstall left to car park.

Terrain hilly and can be slippery if wet. From car park to weir then uphill to cenotaph. Down a narrow steep path to Apple Street. We then walk through Great Wood Nature Reserve pass Lyme field Visitor Centre. Short steep climb to lane which takes us to road back to Country Park. Great views on a good day.

SUNDAY 29TH SEPTEMBER TEGGS NOSE

Leave 0830 12 miles Cat.2/3 Transport £3.60

Leader Julia Corbett 0161 976 2935 07791269688 on day

Park Cars: Teggs Nose Visitor Centre GR 950733 (Pay and display to be shared)

Take A537 Buxton Road out of Macclesfield – after approx a mile fork right into Buxton Old Road - Car Park is a further one and a quarter on right. Return to Cars: approx 16:00

Circuit visiting Warilowhead farm, Vale Royal, Lamaload, Ginchlough, and Gritstone Trail back to cars,

- **SOUTH OF WILDBOARCLOUGH**

Leave 0845 8.5 miles Cat.3/2 Transport £4.80

Leader: Phil and Ruth Worsley 777 6013 Mob No: 07971514369

Park Cars: Free public car park at Clough House, just north of Wildboarclough at grid reference SJ 987698.

From the car park at Clough House this anti-clockwise circuit in the White Peak countryside will call at Banktop, Goosetree, Sniddles, Spring Head, Three Shire Heads, Sparbent and Cumberland Cottage.

- **SANDSTONE TRAIL, DELAMERE**

Leave 0930 7.5 miles Cat.4/3 Transport: £4.60

Leaders Judy Bailey and John Drinkwater 928 1156 Mob No: 07401 519 951

Park Cars: Gresty Waste CP GR540686 A56, A556 CP on left after the A54 junction (0.4 mile)

A leisurely walk taking the Sandstone Trail through forestry and over open pasture, following mostly distinct paths and a little country lane walking. This walk gives us the opportunity to pass through large apple orchards and to stop at a well stocked farm shop for ice-creams etc. Imposing views of the Cheshire flatlands and Beeston Castle can be seen weather permitting.

LEADERS WANTED

SUNDAYS - Contact Phil Worsley 777 6013 ('A' walks), Derrick Hamer on 969 3821 ('B' walks). 'C' walks - Anne Macaulay

WEDNESDAYS

October - 2nd 'C', 9th 'B', 16th 'B', 23rd 'C'. 30th 'C' Contact John Drinkwater 969 1557

FUTURE EVENTS**VISIT TO LONGLEY LANE WASTE FACILITY**

Tuesday 17th September 10.00am – 12.00am (Please note correct date!)

There are still a few places left for this interesting visit (followed by lunch at the Hare & Hounds – Timperley, if required).

Please 'phone Liz White to book your place. Tel: 980 8605 or E Mail davidwhite.176@virgin.net

Tuesday 29th October - MANCHESTER TOILET TOUR £5 on day. Book with on Heather 01625 618782 Further details later. Note; Vintage New Years Party coming soon.

REMINDER - Club Week End Llandrindrod Wells 11 to 14 April 2014 There are a few rooms still available

RED ROSE FOREST IS ASKING FOR HELP.

The Red Rose Forest organisation is inviting walkers to help it develop short walking routes in the Mersey Valley area. The help that Red Rose Forest needs seems to be a mixture of assessing path condition and identifying potential short walking routes. If you would like to know more or would like to volunteer to help with this project, then please contact Mike via mike@redroseforest.co.uk or 0161 872 1660.

NEWS OF MEMBERS -

We are sad to report the death of Bill Molyneux. We send our sincere condolences to Anne. At the time of going to print the date for Bill's funeral has not yet been fixed but we are informed it will take place in the Altrincham area. Bill and Anne moved to Keswick some months ago. The address is: Copper Beeches, Ambleside Road, Keswick. CA12 4DN.

Trixie wishes to say thank you for all the cards, flowers and the lovely cake you sent for her special day. It was great to meet so many friends at our reunion. Thank you all so much.

Norma Jones would like to thank all who came to her aid on the Kirkby Lonsdale coach trip

We were sorry to report that Fiona Cox wishes it to be known that she has cancer. We send her all good wishes.

Anne Brooker has been in Wrightington hospital for over three weeks, but hopes to be home again this week. Anne is recovering very well but it will be some time before she is able to walk with the Club. We send her our very best wishes.

Anne Macaulay
Programme Secretary
0161 941 2976
anne.macaulay@uwclub.net

Jill Lee
Programme Distribution
0161 980 3252

